

Rockland

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Choregraphie par : Adriano CASTAGNOLI

Description : 32 temps, 4 murs, Débutant, Août 2017

Musique : « Trouble » by Sam Outlaw (Album: « Tenderheart »)

FORWARD, TOUCH TOE, BACK, KICK, SHUFFLE BACK RIGHT, ROCK BACK LEFT

- 1-2 Step Right Forward, Touch Left Toe Behind Right
- 3-4 Step Left Back, Kick Right Forward
- 5&6 Step Back Right, Close Left Beside Right, Step Back Right
- 7-8 Rock Back On Left, Return Onto Right

PIVOT 1/2 RIGHT (TWICE), GRAPEVINE LEFT, STOMP UP

- 1-2 Step Left Forward, Pivot 1/2 Turn Right (06:00)
- 3-4 Repeat 1-2 (12:00)
- 5-6 Step Left To Left Side, Cross Right Behind Left
- 7-8 Step Left To Left Side, Stomp Up Right Beside Left

KICK BALL CROSS RIGHT, RIGHT SIDE, STOMP UP, KICK BALL CROSS LEFT, POINT LEFT, TURN 1/4 LEFT

- 1&2 Kick Right Forward, Step Right Beside Left, Cross Left Over Right
- 3-4 Step Right To Right Side, Stomp Up Left Beside Right
- 5&6 Kick Left Forward, Step Left Beside Right, Cross Right Over Left
- 7-8 Point Left Toe To Left Side, Turn 1/4 Left (09:00)

PIVOT 1/2 LEFT, TOE STRUT FORWARD RIGHT, KICK-HOOK-KICK, COASTER STEP LEFT

- 1-2 Step Right Forward, Pivot 1/2 Turn Left (03:00)
- 3-4 Step Forward On Right Toe, Drop Heel Taking Weight
- 5&6 Kick Left Forward, Hook Left Over Right, Kick Left Forward
- 7&8 Step Left Back, Step Right Beside Left, Step Left Forward

REPEAT

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